



GEYLANG METHODIST SCHOOL (PRIMARY) PARENT SUPPORT GROUP (PSG)

July 2021

Dear Parents / Guardians

PSG NEWSLETTER – July 2021

A warm greeting from all of us in the Parent Support Group (PSG)! We hope this newsletter finds you and your family as well as can be, by God's grace and protection. As physical activities and events get scaled back, and we hunker down during this new Phase 2 Heightened Alert, PSG would like to continue to stay in touch with our parents.

We are always delighted to receive suggestions and feedback from parents on how you would like us to engage you further and how we can provide some support during this time. Please continue to share your ideas and thoughts with us by emailing us at psggmsp@gmail.com. We strongly encourage you to join us here at PSG. You can submit your details via this [Google form](#).

PSG Activities

Before the new Phase 2 HA SMM (Safe distancing Management Measures) kicked in, PSG members were very much involved in gardening activity and mini projects with the school.

(a) Gardening Activity

In February, our PSG Gardening team shared with the Math and Science student monitors on how to harvest cotton from the cotton plants in the school Science garden, as well as the uses of cotton. In addition, they also learned how to make fertiliser through composting of food wastes.





(b) Science and Environment Club – Edible Plants Project

We also had a fun filled session with the teachers and students of the school’s Science and Environment Club on 22 March 2021. The students were blindfolded and gamely tasted some of the edible plants found in the school garden.

(c) Clean & Green” Initiative

On 8th April, the PSG Gardening Team provided support for the student leaders’ project, whereby planters were made from recycled bottles. Seed were sown in these planters, and the seedlings from these planters would be transferred to the Science garden.



(d) 97th Founders’ Day – Appreciation Award for PSG Members

This year, GMS(P) celebrated its 97th Founders’ Day on 26th March. We are pleased to share that 3 of our PSG members, Miss Jaslyn Teo, Mr Louie Chong and Miss Ng Yi Xi were invited to join in the ceremony and received their Appreciation Awards from the school. Thank you so much to them for their unwavering dedication and enthusiasm!



(e) Digital Books



During the December school holidays in 2020, some PSG members were involved in the digitalisation of selected English and Chinese story books. In addition, they also read and record some story books so that our children would be able to listen to these books online via the SLS platform.

As parents, we do prepare meals at home to show care and love to our family members. We will share with you a recipe for ham and cheese muffin. *(Recipe is adapted from the domesticgoddesswannabe)* You can try out baking the muffin with your children during the weekend. It is a good way to spend time bonding and savouring the food together.



Ham & Cheese Muffins: (this recipe yields ~ 12 big muffins)

<p><u>Ingredients:</u></p> <ol style="list-style-type: none"> 1. 250g plain flour (sifted) 2. 14g sugar 3. 1 ½ tsp baking powder 4. ½ tsp baking soda 5. ¼ tsp salt 6. pinch of thyme 7. pinch of rosemary 8. 300ml milk 9. 1 egg 10. 112g melted butter 11. 230g shredded cheddar cheese 12. 230g ham (cubed or sliced) 	<p><u>Method:</u></p> <ol style="list-style-type: none"> 1. In a large mixing bowl, combine dry ingredients - flour, sugar, baking powder, baking soda, salt and dried herbs 2. In a smaller bowl, combine wet ingredients - egg, milk and melted butter 3. Add the wet ingredients to the dry ingredients, and combine until flour is barely moistened 4. Quickly fold in ham, and cheese 5. Pour the mixture into lined muffin pan 6. Bake at 200 degree Celsius for about 18 - 20mins until tops are brown 7. Allow muffins to cool in pan for 10 - 15mins before transferring them onto a wire rack to cool completely
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Please continue to stay safe and healthy during this period.

If you like to find out more about PSG, you can visit us at GMS(P) website under “Our Partners”.

You can fill up this Google form <https://forms.gle/PrThHyiXoSxPNKgYA> or email us at psggmsp@gmail.com.

We look forward to your support and participation soon.

With warmest regards

Ms. Jaslyn Teo (Chairman)
On behalf of the GMS(P) PSG Committee